

Otago Southland Division

Annual Report
2023





Neil Boniface
Chairperson

Chairperson's Report

I am honoured to present the Annual Report, reflecting on the significant achievements and challenges faced by our organisation in the past year. Together, we have continued to positively impact the lives of individuals and families affected by cancer. With a recorded profit of **\$186,612**. I extend my heartfelt gratitude to all our dedicated staff, volunteers, donors, and supporters for their unwavering commitment.

We welcome Cancer Society Canterbury-West Coast Nicola Coom as our acting Chief Executive. Nicola has worked in the healthcare sector for the past 14 years and is passionate about reducing the impact of cancer. Nicola brings personal cancer experience and fosters a culture of compassion and inclusivity, ensuring that cancer patients feel heard and supported.

At the same time, we bid farewell to Dr Rachael Hart, our outgoing Chief Executive, who has taken on the Cancer Society's National Office Chief Executive role. Rachael's dedication and contributions to our Cancer Society have been invaluable, and we extend our heartfelt gratitude for her outstanding service. As the Cancer Society continues to evolve, our commitment to delivering seamless and equitable services for our patients/whānau, staff, and volunteers remains at the forefront. Recently, there has been increased collaboration among South Island divisions, utilizing shared resources across various functions to enhance efficiency and effectiveness.

With the ever-changing needs of our patients/whānau, it is imperative that we continuously explore ways to adapt and improve our services. Recognizing the potential benefits of collaboration, we aim to provide the best possible support and care, have a strong voice in the sector, and identify the community's needs.

While we celebrate our achievements, we acknowledge the challenges faced by those affected by cancer and their families. As we move forward, we are committed to building upon our successes, innovating our approaches, and expanding our services to reach even more individuals and their families. Together, we will stand firm against cancer and offer unwavering support to those facing this formidable adversary.

Thank you to the ANZ Bank, our principal sponsor of Daffodil Day and major sponsor of the Cancer Society of New Zealand. Since 1990, ANZ's commitment to our cause has been constant. Their generous contributions and active involvement have played a pivotal role in enabling us to make a meaningful difference in the lives of those affected by cancer.

ANZ's sponsorship of our annual Daffodil Day, coupled with their engagement in numerous fundraising initiatives, has raised crucial funds and fostered a sense of community and solidarity. I want to thank our remarkable team, the Cancer Society's board members, and our valued supporters. Your dedication and generosity have enabled us to navigate these challenging times and bring hope to countless lives.

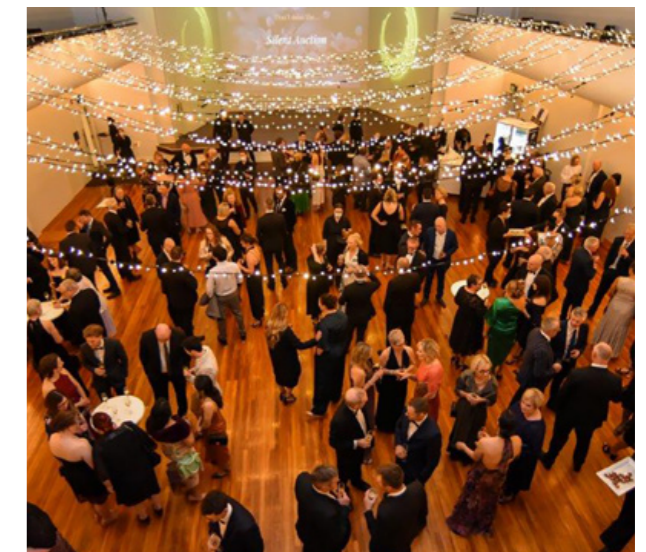
Thank you for being an integral part of our journey. Together, we will continue to make a difference in reducing the impact and incidence of cancer.

With warm regards,

Neil Boniface



We farewell Dr Rachael Hart who has taken on the Cancer Society's National Office Chief Executive Role



A captivated crowd enjoys the evening at the Dunedin Cancer Society Spring Ball.



Youth empowerment: The vibrant Relay For Life Students Committee takes the stage with passion and purpose.



Nicola Coom
Chief Executive

Chief Executive's Report

Kia ora koutou

I present the Chief Executive Report for Otago / Southland with a great sense of pride. In doing so, I would like to acknowledge the Chief Executives who have gone before me, notably Dr Rachael Hart, who held the role for the past seven years and resided over the Division for this reporting period.

The 2022/23 year was all about resuming our face-to-face support post-pandemic and finding our new normal. In doing so, we have experienced a significant increase in the demand for our services. For example, the need for cancer support across the Central Lakes District has increased by 44%.

It will be no surprise to you that our local hospital services have been under enormous pressure. I want to acknowledge the Clinicians and their support teams for all they do to diagnose and treat our families in this challenging environment. We must do everything to ensure we do not find ourselves in this situation again; this means regular investment, valuing innovation, workforce planning and collaboration.

We have our own collaboration underway that we are excited about with the Canterbury West-Coast Cancer Society. We are committed to ensuring a seamless experience for the families we support, reducing costs, maximising resources, and magnifying our impact. We know the cancer incidence rate is set to double over the next decade, and we believe the best response to this is a joint one. Our families move throughout the Te Waipounamu/ South Island, so it makes sense to us that we work as one. We are currently in the process of operationally aligning ourselves and will work as one across Southland, Otago, Canterbury, and the West Coast for the benefit of our families.

I have enjoyed getting out and about and meeting those who access our services, staff, clinicians, donors, and the Trusts and communities that support us to do the great work we do. We can continue to respond and meet the needs of families and communities through hearing directly from you.

As we look to the future, I am excited by the possibilities. Together, we are a formidable force for positive change, and I am committed to steering the Cancer Society towards better cancer outcomes for families and future generations.

Please stay connected with us through our digital platforms and communication channels. We have ambitious plans for the 2023/24 year that includes the opening of a Cancer Centre in Canterbury for families throughout the South Island to stay in for free when they travel for cancer treatment; we have recently launched Encompass Health, a joint venture to support people with their pre and post cancer rehabilitation and are planning to roll out a digital offering to all families who want greater access and choice around support services, particularly those of you in our rural communities.

None of this would be possible without our generous donors, volunteers, and staff. Thank you for being integral to this journey; we couldn't do it without you!

With warm regards,

Chief Executive Cancer Society,
Southland, Otago, Canterbury West-Coast

OUR MAHI Supportive Care



Mitre 10 MEGA Dunedin's Helping Hands initiative brings solace to cancer patients staying at Daffodil House.

The momentum of our supportive care services continues to surge forward. The collective expertise of our dedicated staff, known as "kamahi," across supportive care, transport assistance, and accommodation adds substantial depth to the support available to our patients and their whānau.



Craig Watson
Supportive Care Manager

I want to introduce myself as the new Service Delivery Manager for Canterbury-West Coast and Otago and Southland. My role is to lead our Cancer Society Community Managers and their teams to ensure no one faces cancer alone. Our adept Community Managers, including Jo Arthur in Otago, Pikihiua Solomon in Southland, and Tara Strahan in Central Otago, play pivotal roles in our service delivery.

Our approach is to assess our communities' needs continually. Through ongoing surveys, we will ensure the development of a comprehensive Model of Care for our support services. This kaupapa, or guiding principle, aims to address any disparities in the cancer support landscape, ensuring that our assistance is tailored to meet the unique needs of our clients.

Our suite of services, ranging from driving services to prosthetics, supportive care, and accommodations, collectively forms a vital network to alleviate the impact of cancer. We know from recent media and our kōrero with our clients that the uncertainties over access to timely care are top of mind for Otago and Southland residents, increasingly our role is to advocate for the cancer patient. We remain committed to refining and expanding our services to make a meaningful difference in the lives of those we serve.

Supportive Care Snapshot for the year



1266

Clients and their whānau assisted



1591

Bed nights provided at Daffodil House



99

Women assisted with prosthetic services



11

Breast cancer, bowel cancer, prostate cancer and other workshops, and support group sessions were held





Leading the way: Health Promotion Coordinator Bridget Forsyth dedicatedly contributes to the Smokefree 2025 initiative, advocating for a healthier future.

Health Promotion

In 2022 Te Aho o Te Kahu Cancer Control Agency released the Pūrongo Ārai Mate Pukupuku, The Cancer Prevention Report and the Rongohia Te Reo, Whatua He Oranga / The Voices of Whānau Māori Affected by Cancer.

These have become key documents driving our mahi. Notably this report stated that up to half of all cancers are preventable and that a significant proportion of deaths and suffering due to cancer can be avoided. It also highlighted that Māori shoulder an inequitable burden of cancer incidence in Aotearoa, as well as experiencing poorer survival outcomes once they have cancer.

This has spurred us on to maximise our cancer prevention efforts and we are proud to highlight our activities that have contributed to this kaupapa.

Our primary focus over the last twelve months has been supporting the passing of the new Smokefree legislation. This legislation has brought about significant changes including reduced nicotine allowances in tobacco products, limitations on retail outlets selling tobacco, and the prohibition of tobacco sales to those born after January 1, 2009.

Smoking is a key contributor to many cancers, and we will continue to work towards the Smokefree 2025 target of reducing New Zealand's smoking prevalence to under 5%.

Educating and advocacy is a key function of our Health Promotion team and this year they supported over 51 community events, attended the Health Select Committee on several occasions, and prepared over 40 submissions advocating on a range of issues that aim to reduce the incidence and impact of cancer.

Examples of our education and advocacy mahi is:

- The role we have played in reinforcing alcohol regulations, while at the same time raising awareness out in our communities of the strong link between alcohol consumption and cancer.
- We have been out in our communities raising awareness and promoting the importance of the human papillomavirus (HPV) vaccine and its ability to reduce the incidence of cancer has been strong across our communities.
- The facilitation of Kia ora e te Iwi across the Division, this is a community wānanga / workshop designed to create the right physical and emotional space for whānau Māori to learn and share about matepukupuku cancer.

We believe, prevention is the ideal in cancer control and we are investing further in this in 2023/2024.

28 Submissions to Central Government

13 Submissions to Local Government

51 Community events attended

10 Cancer Prevention campaigns

17 Collaborations with Māori Health organisations

72 Meetings with decision makers of which 3 were with Health Select Committee in Parliament

Fundraising

We're thrilled to present an update on our fundraising journey over the past year, a testament to the remarkable dedication of our community.

Through a diverse array of events, we generated over **\$700,000** to ensure we can provide the services we do to our communities. Beyond the financial success, these endeavours have forged a profound sense of unity and shared purpose among our supporters.

Here are some of the key fundraising campaigns we held throughout the year:

Relay For Life

We're proud to have organised Relay For Life events at Oamaru, the University of Otago, and Wanaka. We sincerely thank our major sponsors, Mitre 10 Mega and OUSA.

Cancer Balls

Our annual galas in Dunedin and Queenstown are unforgettable evenings for attendees. Our appreciation extends to major sponsors Central Otago Naylor Love and the Otago Polytechnic/Te Pūkenga

The Longest Day Challenge

127 participants registered, putting their mettle to the test with **72** holes of golf.

Marathon in a Month Initiative

The "Marathon in a Month" endeavour spurred individuals to conquer the distance of a marathon and support our worthy cause.

Jump For Cancer

The adrenaline-charged "Jump For Cancer" event saw **59** adventurous souls register and raise funds.

This activity, alongside our regular donors, our successful Daffodil Day campaign, our **42** grant funders, our **46** Local Hero Business partners, event sponsors and community fundraisers all contributed to our income. We do not receive any government funding so this truly is the difference of us being able to do what we do – or not. We would also like to extend our heartfelt gratitude to those who have passed and left us a legacy in their will.



Pink Ladies teeing off with enthusiasm at the Cancer Society's The Longest Day Golf Tournament.



Daring Duo: Damian and Hannah from The Breeze take a leap of faith to support cancer awareness through their exhilarating jump.



Uniting for a Cause: Friends join forces in collecting for Daffodil Day, standing strong in support of cancer patients and their families.

Business Services

The year ended with the Division recording a surplus for the year. This is a turnaround from the pessimism projected in our budget with the expected economic challenges facing the organisation and communities in which we work.

Surpluses enable the Division to accumulate funds to ensure we can continue to operate during periods of income downturn, e.g. Covid, and provide funds to replenish assets

(vehicles and computers), and refurbishment of our premises. The staff have continued to embrace technology to keep connected with each other, the people and whānau we support and the communities that continue to support our services. This includes investments in both hardware and software to support the various functions in their work.

Fundraising income for the year is showing signs of recovery post Covid with increases in in-person events and response to Daffodil Day. We are extremely grateful to our donors, philanthropic organisations, and people who leave a legacy in their will to support the work of the Cancer Society.

I would also like to acknowledge the volunteer team that operates our CanShop in Queenstown. Their fabulous work and commitment continue to record year on year increases in fundraising income, thank you.

The Division has faced increasing costs to deliver services, while ensuring delivery is not compromised or reduced. Staff are vigilant on spending to ensure those seeking our services receive them when and where this is required.

From Gardener to Fighter

Chrissy's journey with Breast Cancer

Once an avid gardener, finding solace in nurturing plants and maintaining her lawn, Chrissy's life turned upside down when she discovered a lump in her right breast.

In a whirlwind of medical appointments, I underwent a series of tests, including a mammogram and ultrasound, only to receive the devastating diagnosis: aggressive breast cancer.

The Cancer Society team brought sincere support to my doorstep. Generous volunteers had crafted thoughtful gifts—a carry bag, a cosy blanket, freshly baked treats, and knitted knockers—all intended to comfort cancer patients like me. The kindness of strangers overwhelmed me.

Aynsley organised three weeks of accommodation at Daffodil House while I had radiation in Dunedin. The compassion and camaraderie among the staff and fellow patients at Daffodil House were immeasurable. Angelique, the Daffodil House Manager, demonstrated remarkable kindness.

I extend my heartfelt gratitude to all the wonderful people who have been part of my journey and to Aynsley and the Cancer Society for walking alongside me.

Today, I am back doing what I love—gardening and mowing lawns—with renewed strength and appreciation for life's simple joys. I didn't choose cancer; it chose me.



Chrissy and Aynsley

Daffodil House

A Beacon of Hope



Daffodil House

The Cancer Society's Daffodil House stands as a symbol of hope and support for those facing the challenges of cancer.

Nestled in the heart of the community, a block from the Dunedin Hospital, Daffodil House serves as a vital resource for cancer patients and their families. Daffodil House is a home away from home for those who have to travel to Dunedin for their cancer treatment and specialised care.

This year Daffodil House offered a comfortable and supportive environment for more than **1591** nights for families. It is a haven where patients can find solace, camaraderie, and understanding from fellow cancer patients and caring staff.

Furthermore it is offered at no cost to our families as our way of easing the financial burden that cancer often brings.

In a moment of TAB bet triumph, one of the residents at Daffodil House joyfully shouted 'Fish and Chips' after winning a FIFA match at the TAB! It's heartwarming to see the spirit of togetherness and support at Daffodil House.

Celebrating a Dedicated Volunteer

Isobel Burns



We are delighted to shine a spotlight on one of our exceptional volunteers, Isobel Burns, whose presence in our Dunedin office brings nothing but joy. With over 25 years of unwavering commitment, Isobel's visits are a highlight for everyone, often accompanied by delightful treats that brighten our days.

Recently, Isobel informed us that she will be stepping down from the Dunedin Relay For Life Committee after dedicating an incredible 15 years to this event. We are immensely grateful for the countless hours she has given and can only imagine the metres of survivor and carer ribbon Isobel has meticulously prepared behind the scenes!

But that's not all—Isobel's commitment extends to over 25 years of invaluable support for Daffodil Day. We are thrilled to share that she will continue to play a crucial role in this event.

Isobel's incredible energy, and infectious positivity is such an asset to our team. She continues to be a fantastic mentor to many new volunteers, generously passing on her wisdom and experience.

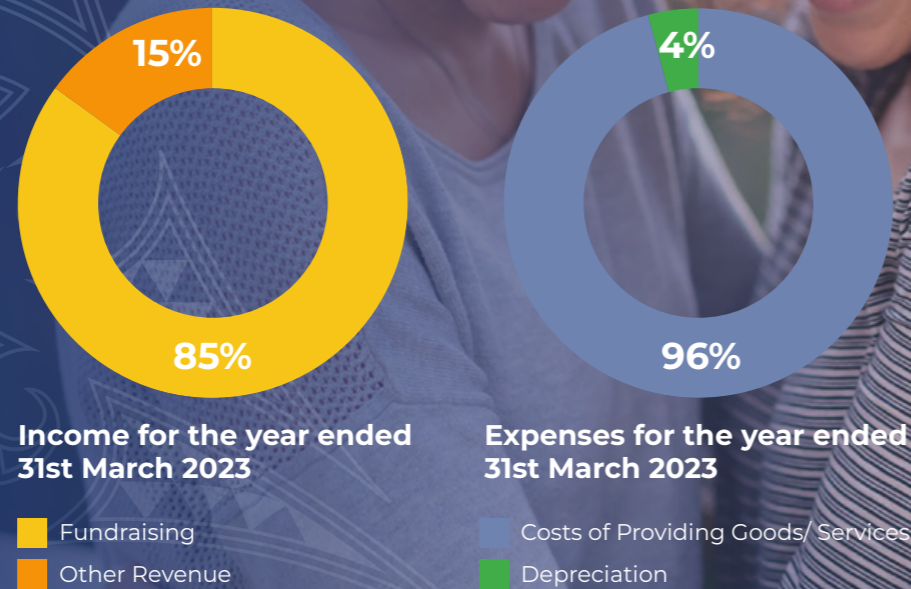
Isobel's dedication has touched so many, and her contribution is immeasurable. We are truly fortunate to have her as a cherished member of our team. She is a shining example of the many people who volunteer to support our work.

Here's to many more years of working together for our communities.



Our Finances

Cancer Society New Zealand,
Otago and Southland Division
Incorporated



**Income for the year ended
31st March 2023**

Fundraising
Other Revenue

**Expenses for the year ended
31st March 2023**

Costs of Providing Goods/ Services
Depreciation

Summary Statement of Comprehensive Revenue and Expense for the year ended 31 March 2023

| | 2023 | 2022 |
|--|------------------|------------------|
| | \$ | \$ |
| Revenue | | |
| Fundraising | 2,904,595 | 3,173,120 |
| Other Revenue | 510,239 | 429,131 |
| Total Revenue | 3,414,834 | 3,602,251 |
| Expenses | | |
| Costs of Providing Goods/ Services | 3,042,414 | 2,686,350 |
| Depreciation | 121,819 | 101,154 |
| Total Expenses | 3,164,233 | 2,787,504 |
| Operating Surplus for the year | 250,601 | 814,747 |
| Other Comprehensive Income - Investment (Losses)/Gains | (63,989) | 34,369 |
| Surplus for the year | 186,612 | 849,116 |

Summary Statement of Changes in Net Assets/ Equity as at 31 March 2023

| | 2023 | 2022 |
|------------------------------|------------------|------------------|
| | \$ | \$ |
| Opening Equity Balance | 5,504,486 | 4,655,370 |
| Surplus for the year | 186,612 | 849,116 |
| Closing Equity balance | 5,691,098 | 5,504,486 |
| Comprising : | | |
| Property Revaluation Reserve | 632,141 | 632,141 |
| Shares Revaluation Reserve | 40,080 | 104,069 |
| General Funds | 5,018,877 | 4,768,276 |
| Total | 5,691,098 | 5,504,486 |

Summary Statement of Financial Position as at 31 March 2023

| | 2023 | 2022 |
|---------------------|------------------|------------------|
| | \$ | \$ |
| Equity | 5,691,098 | 5,504,486 |
| Represented by : | | |
| Current Assets | 3,051,806 | 2,682,945 |
| Non Current Assets | 2,942,333 | 3,015,658 |
| Total Assets | 5,994,139 | 5,698,603 |
| Current Liabilities | 303,041 | 194,117 |
| Total Liabilities | 303,041 | 194,117 |
| Net Assets | 5,691,098 | 5,504,486 |

Summary Cash Flow Statement for the year ended 31 March 2023

| | 2023 | 2022 |
|---|-----------|-----------|
| | \$ | \$ |
| Net Cash Flow from Operating Activities | 416,531 | 965,940 |
| Net Cash Flow (to) Investing Activities | (251,734) | (904,369) |

Notes to Summary Financial Statements

- These Summary Financial Statements have been extracted from the full statements which were authorised for issue by the Board on 25 July 2023.
- The specific disclosures included in these Summary Financial Statements have been extracted from the full Financial Statements for each relevant period.
- The full Financial Statements for each relevant period has been audited and a modified audit report has been issued for the year ended 31 March 2023. donations and other similar revenue prior to be banked is limited.
- The modification is a qualification that is common with other entities of a similar nature where control over
- The Financial Statements of the Society have been prepared in accordance with Tier 2 Public Benefit Entity Reduced Disclosure Regime (Not-For-Profit).
- Cancer Society of New Zealand, Otago and Southland Division Incorporated is a public benefit entity and was incorporated on 25 April 1951.
- The presentation currency is New Zealand dollars rounded to the nearest dollar.
- The Summary Financial Statements cannot be expected to provide as complete an understanding as provided by the full Financial Statements.
- The Summary Financial Statements have been prepared in accordance with PBE FRS 43 Summary Financial Statements as appropriate for a public benefit entity.
- The full Financial Statements can be obtained from the Chief Executive at Cancer Society of New Zealand, Otago and Southland Division Incorporated.



Our Centres

Otago Centre

283 Great King St, PO Box 6258, Dunedin 9059
P: **03 477 7447**

Central Lakes Centre

1st Floor, Aurum House, Terrace Junction,
1092 Frankton Rd
P: **03 442 4281**

Southland Centre

149 Spey St, PO Box 955, Invercargill, 9840
P: **03 218 4108**

E: admin@cansoc.org.nz
www.cancer.org.nz



**Cancer
Society**

Te Kāhui Matepukupuku
o Aotearoa